

# BREAKFAST

<b>Toast (GFO) (NF) (V)</b> Artisan Sourdough, Mixed Grain, Light Rye, Gluten Free w Condiments (Butter, Jam or Vegemite). Fruit Toast/ Gluten Free +1	9
<b>Eggs Your Way (GFO) (NF) (VG)</b> Free Range Eggs, Choice of Sourdough, Mixed Grain, Light Rye. Gluten Free/ Scrambled +1	13.5
<b>Home Made Honey Roasted Granola (VG)</b> Mango Panna cotta. Fresh Fruit, Whipped Berry Yoghurt.	19
<b>Sons Avo (GFO) (VG)</b> Citrus Infused Smashed Avo, Toasted Multigrain, Roast Pumpkin, Poached Egg, Pumpkin Hummus, Cherry Tomatoes, Goat's Feta, Dill, Radish, Dukkah. <b>Add Smoked Salmon 7 Forest Mushrooms 5 Add Bacon 4</b>	25
<b>Chilli Scrambled Eggs (GFO) (VG)</b> Scrambled Eggs, Asparagus, Cherry Tomatoes, Onions, Chilli Oil, Feta, Crispy Curry Leaves, Dehydrated Chilli, Turkish Loaf. <b>Add Hash Brown 3</b>	24
<b>Canadian Pancakes (VG) (NFO )</b> Maple Bacon, Vanilla Mascarpone, Caramelised Banana, Vanilla Ice Cream, Maple Syrup, Candied Nuts. <b>Add Fried Egg 3</b>	24
<b>MYO Benny (GFO) (NF)</b> Wilted Spinach, Poached Eggs, Hollandaise, Sourdough, Choice of Smoked Salmon, Bacon, Ham. <b>House Smoked Beef Brisket +1</b>	24
<b>Breakfast Burrito (NF)</b> Scrambled Eggs, Bacon, Chilli Black Beans, Spinach, Avocado, Tomatoes, Chipotle Mayo, Tomato Relish, Chips. <b>Add Chorizo 5</b>	25
<b>Shakshuka Eggs (GFO) (VG) (NF)</b> Ratatouille, Goat's Feta, Poached Eggs, Coriander, Zaatar Turkish Loaf. <b>Add Chorizo 5</b>	25
<b>Skillet Mexicana (GFO)(NF)</b> Beef Con Carne, Mozzarella Cheese, Fried Egg, Avocado, Tortilla Crisps. <b>Add Chorizo 5</b>	26
<b>Feed Me Breaky (VGO) (GFO) (NF)</b> Choice of Toast & Eggs, Bacon, Chorizo, Roast Tomato, Forest Mushrooms, Hash Brown, Tomato Relish.	29

# LUNCH

<b>Reuben Sandwich (GFO) (NF)</b> 12 Hours Smoked Beef Brisket, Rye, Swiss Cheese, Pickles, Dijonaise, Sauerkraut, Crispy Shallots, Chips, Aioli.	25
<b>Harissa Bowl (GFO)(NF)</b> Harissa Flavoured Charred Chicken, Rice, Salad, Tzatziki, Flat Bread.	27
<b>Steak Sandwich (NF)</b> Chargrilled Steak (MR), Wholegrain Mustard, Caramelised Onions, Rocket & Parmesan Salad, Rye, Chips, Aioli. <b>Add Bacon 4 Fried Egg 3</b>	29
<b>Angus Beef Burger (NF)</b> Beef Pattie, Caramelised Onion, Burger Cheese, Tomatoes, Hickory BBQ, Onion Rings, Chips, Aioli. <b>Add Bacon 4 Fried Egg 3 Pineapple 2.5</b>	25
<b>Fried Chicken Burger (NF)(GFO)</b> Buttermilk Fried Chicken, Burger Cheese, Slaw, Jalapeños, Onion Rings, Aioli, Chips. <b>Add Bacon 4 Fried Egg 3 Pineapple 2.5</b>	25
<b>Veggie Burger (VG)(NF)</b> Home Made Vegetarian Patty, Lettuce, Tomatoes, Onions, Tomatillo Chutney, Chips, Aioli.	24
<b>Chicken Parmigiana (NF)</b> Tomato Sugo, Smoked Ham, Mozzarella, Tasty, Parmesan, Garden Salad, Chips, Aioli. <b>Add Mushroom Sauce 3.5</b>	28
<b>Fettuccini Carbonara (NF)</b> Smoked Bacon, Pecorino, Egg Yolk, Cracked Pepper, Parsley. <b>Add Grilled Chicken 7</b>	27
<b>Pan Seared Barramundi (NF)(GF)</b> Garden Salad, Herbed Butter, Lemon.	27
<b>Calamari Salad (GFO) (NF)</b> Flash Fried Calamari, Asian Salad Mix, Coriander, Ginger & Lime Dressing, Lime Tartare.	26
<b>Chicken Salad (GF)(NFO)</b> Pulled Chicken, Lettuce, Red Onion, Cucumber, Tomatoes, Coriander, Shallots, Roasted Peanuts, Sesame Dressing, Chilli, Lime.	26

# FEAST FOR TWO//69

Smoked Bacon, Eggs, Forest Mushroom, Sesame Avo, Chorizo, Hash Brown, Tomato Relish, Zaatar Turkish, Seasonal Fruit, Waffle, Coffee Cream, Served w/ Cold Pressed Fresh Orange Juice.	OPT 1
House Smoked Beef Brisket, Eggs, Forest Mushroom, Sesame Avo, Grilled Chicken, Hash Brown, Tomato Relish, Zaatar Turkish, Seasonal Fruit, Waffle, Coffee Cream, Served w/ Cold Pressed Fresh Orange Juice.	OPT 2

# EXTRA

Toast	3.8
Egg/ Hash Brown	3
Bacon/ Grilled Halloumi	6
Grilled Chicken/ Smoked Salmon	7
Avocado/ Chorizo/ Mushrooms	5
Roasted Tomato/ Feta/ Spinach	4.5
Lamb Meatball Skewer (60g)	4

# SAUCES

Hollandaise	4
Tomato Relish	3
Aioli/ BBQ/ Hot Chilli	2.5
Gravy	3.5
Chilli Oil	2

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# COFFEE BY INDUSTRY BEANS

## Coffee From \$4

Espresso, Double Espresso, Latte, Flat White, Cappuccino, Long Black, Piccolo, Magic, Mocha, Short Macchiato, Long Macchiato, Affogato.

## Coffee Alternatives From \$5

Hot Chocolate Reg/ Belgium, White Hot Chocolate, Jaffa Hot Chocolate, Chai Latte, Dirty Chai, Maison Koko Matcha Latte, Turmeric Latte, Prana Loose Leaf Chai, Babuccino.

## Artisan Tea \$5

English Breakfast, Japanese Sencha, Earl Grey, Jasmine Green, Peppermint, Lemongrass, Hibiscus & Ginger, Chamomile.

## Cold Beverages From \$6

Iced Long Black, Iced Latte, Iced Coffee, Iced Chai, Iced Chocolate, Iced Mocha, Iced Matcha, Iced Strawberry Matcha, Iced Coconut Matcha, Iced Turmeric.

## Add-Ons / Substitutes \$0.60

Bonsoy, Milklab- (Almond, Oat, Coconut, Lactose Free), Freshly Ground Decaf, Vanilla, Caramel, Hazelnut.

# JUICES / SMOOTHIES / SOFT DRINKS

## Cold Pressed Fresh Juices From \$10

SONShine - Carrot, Apple, Orange, Ginger, Turmeric.

Green Juice - Spinach, Celery, Apple, Orange, Lemon.

Blood Booster - Spinach, Beetroot, Apple, Carrot, Ginger, Lemon.

### Mix any three of your choice.

Orange, Watermelon, Apple, Carrot, Ginger.

Pineapple +2.

## Smoothies From \$10

Mango Madness - Mango, Mango Sorbet, Coconut Milk

Berrie Crush - Berries, Berry Sorbet, Apple Juice.

Nana - Banana, Almonds, Maple Syrup, Almond Milk.

## Soft Drinks From 4.5

Coke, Coke Zero, Sprite, Soda, Lemon Squash,

Lemon Lime Bitters, Ginger Beer, Sparkling Water

# MOCKTAILS 13

## Lychee Sunrise

Aloe Vera Lychee, Orange Juice, Grenadine

## Tutti Fruity

Passionfruit Sorbet, Aloe Vera Lychee, Mint, Lime

## Mango Lassi

Greek Yoghurt, Mango Nectar, Coconut Milk

# DIETARIES

VG	VEGETARIAN	GFO	GLUTEN FREE OPTION
V	VEGAN	NF	NUT FRIENDLY

# SONS OF MANOR



PLANNING A FUNCTION/ CATERING- ENQUIRE WITHIN

# FOR THE KIDS

## Bacon & Scrambled Egg on Toast

13.5

## Linguini Napolitana, Parmesan (NF) (V)

14

## Chicken Nuggets & Chips (NF)

14

## Mini Parma & Chips (NF)

15

## Lamb Bolognese, Linguini, Parmesan (NF)

16

## Pancake w/ Vanilla Ice Cream, Fairy Floss, Maple Syrup

14

## Waffle w/ Vanilla Ice Cream, Maple Syrup, Sprinkles (NF)

13.5

KIDS MENU IS AVAILABLE FOR KIDS AGED 12 AND UNDER

# SHARING SIDES

## Chips w/ Aioli

13

## Wedges w/ Sour Cream, Sweet Chilli

15

## Onion Rings w/ Tomato Relish

15

## Lemon Pepper Calamari, Mesclun w/ Lime Tartare

15

## Garden Salad w/ Lemon Dressing

12